

Homework Grid

Topic: Developing Sports Skills

September 2018

Multiple Intelligences	HOMEWORK GRID:					
	<div> <div>easiest</div> <div></div> <div>hardest</div> </div>					
	Remembering	Understanding	Applying	Analysing	Evaluating	Creating
Verbal I enjoy reading, writing & speaking	Create a brochure describing 5 different skills in your chosen sport		Write 3 fact files about different famous athletes in your favourite sport		Create a self assessment grid for the sport of your choice, fill it in for your strengths and weaknesses. How could you improve your areas of weakness?	
Mathematical I enjoy working with numbers & science	Watch a professional match in the sport of your choice and create a tally chart of how many forced errors the performers make.		Pick two similar sports (Such as football and netball) create a Venn diagram which shows which tactics and techniques overlap and which are specific to the sport.		Create a survey which asks questions related to sports participation and complete it with your friends and family, analyse the results.	
Visual I enjoy painting, drawing & visualizing	Design a poster for your favourite sports club at the College		Create a video on the rules of your chosen sport		Create a large poster that outlines the skills and tactics of your chosen sport.	
Kinaesthetic I enjoy doing hands-on activities	Show your parent/carer a skill from your sport, then get them to try it.		Set yourself a challenge in your chosen sport (For example doing 10 keepy ups in football) then try and beat your score. Challenge your friends.		Design a training drill for your chosen sport and then do it at a training session.	
Musical I enjoy making & Listening to music	Write and perform a rap about why your sport is the best!		Create and record a dance based around your sport.		Create a musical performance that shows 5 famous events from your chosen sport (For example the Hand of God goal in football)	

Choose one activity per week to complete and hand in to your sports studies teacher