

# THIS WEEK'S Eats.

WEEK ONE

W/C: 16/01 & 07/02

FOOD UNION

	CHOICE One	CHOICE Two
MON	<p>Macaroni Cheese</p> <p>Served with Two Vegetables</p>	<p>Vegetarian Sausage 🍷🌱</p> <p>Served with Mashed Potato and Gravy</p>
TUE	<p>Chicken Pie</p> <p>Served with Mashed Potato and Gravy</p>	<p>Cheese and Tomato Pizza 🌱🌾</p> <p>Served with Salad</p>
WED	<p>Beef Bolognese</p> <p>Served with Wholemeal Pasta 🌾</p>	<p>Vegetarian Bolognese 🍷🌱</p> <p>Served with Wholemeal Pasta 🌾</p>
THUR	<p>Roast Turkey</p> <p>Served with Roast Potatoes and Gravy</p>	<p>Vegan Sausage Casserole 🍷🌱</p> <p>Served with Two Vegetables</p>
FRI	<p>Battered Fish</p> <p>Served with Chips, Baked Beans and Peas</p>	<p>Quorn Dippers 🌱</p> <p>Served with Chips, Baked Beans and Peas</p>

## AVAILABLE Daily

### FOOD ON THE MOVE

#### HOT

Love Joes Burritos and Wraps  
Freshly Baked Pizza  
Pasta and Sauces  
Topped Jacket Potatoes

#### COLD

A healthy selection of  
Fresh Sandwiches, Baguettes and  
Wraps  
Fruit Pots and Yoghurt  
Homebakes



🌱 Vegetarian 🐟 Oily fish 🌾 Wholegrain 🍏 Fruity! 🍷 Nutritionist's Choice

# THIS WEEK'S Eats.

WEEK TWO

W/C: 23/01

FOOD UNION

	CHOICE One	CHOICE Two
MON	Cheese and Tomato Pizza 🍷 Served with Salad	Mixed Bean Pasta 🍷🌱 Served with Tomato Pizza Bread 🍷
TUE	Chicken Noodle Stir Fry Served with Two Vegetables	Sweet Chilli Vegetable Noodles 🍷🌱
WED	Keralan Chicken Curry 🍷 Served with Wholegrain Rice 🍷	Cauliflower and Sweet Potato Masala 🍷🌱 Served with Wholegrain Rice 🍷
THUR	Roast Gammon Served with Yorkshire Pudding, Mashed Potatoes and Gravy	Vegetable Pie 🍷🌱 Served with Mashed Potato and Gravy
FRI	Battered Fish Served with Chips, Peas and Baked Beans	Quorn Dippers 🌱 Served with Chips, Peas and Baked Beans

## AVAILABLE Daily

### FOOD ON THE MOVE

#### HOT

Love Joes Burritos and Wraps  
Freshly Baked Pizza  
Pasta and Sauces  
Topped Jacket Potatoes

#### COLD

A healthy selection of  
Fresh Sandwiches, Baguettes and  
Wraps  
Fruit Pots and Yoghurt  
Homebakes

















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# THIS WEEK'S Eats.

WEEK THREE

W/C: 09/01 & 30/01

FOOD UNION

	CHOICE One	CHOICE Two
MON	Pesto Pasta Bake 	Vegetarian Chilli   Served with Wholegrain Rice 
TUE	Sweet and Sour Chicken Served with Wholegrain Rice 	Vegetable Chow Mein  
WED	Beef Bolognese  Served with Wholemeal Pasta 	Vegetarian Cottage Pie   Served with Gravy
THUR	Roast Pork Served with Roast Potatoes and Gravy	Vegetable Pastry Roll  Served with Gravy
FRI	Battered Fish Served with Chips, Peas and Baked Beans	Vegan Meatballs in Tomato Sauce   Served with Chips,

## AVAILABLE Daily

### FOOD ON THE MOVE

#### HOT

Love Joes Burritos and Wraps  
Freshly Baked Pizza  
Pasta and Sauces  
Topped Jacket Potatoes

#### COLD

A healthy selection of  
Fresh Sandwiches, Baguettes and  
Wraps  
Fruit Pots and Yoghurt  
Homebakes

