

# WEEK 3

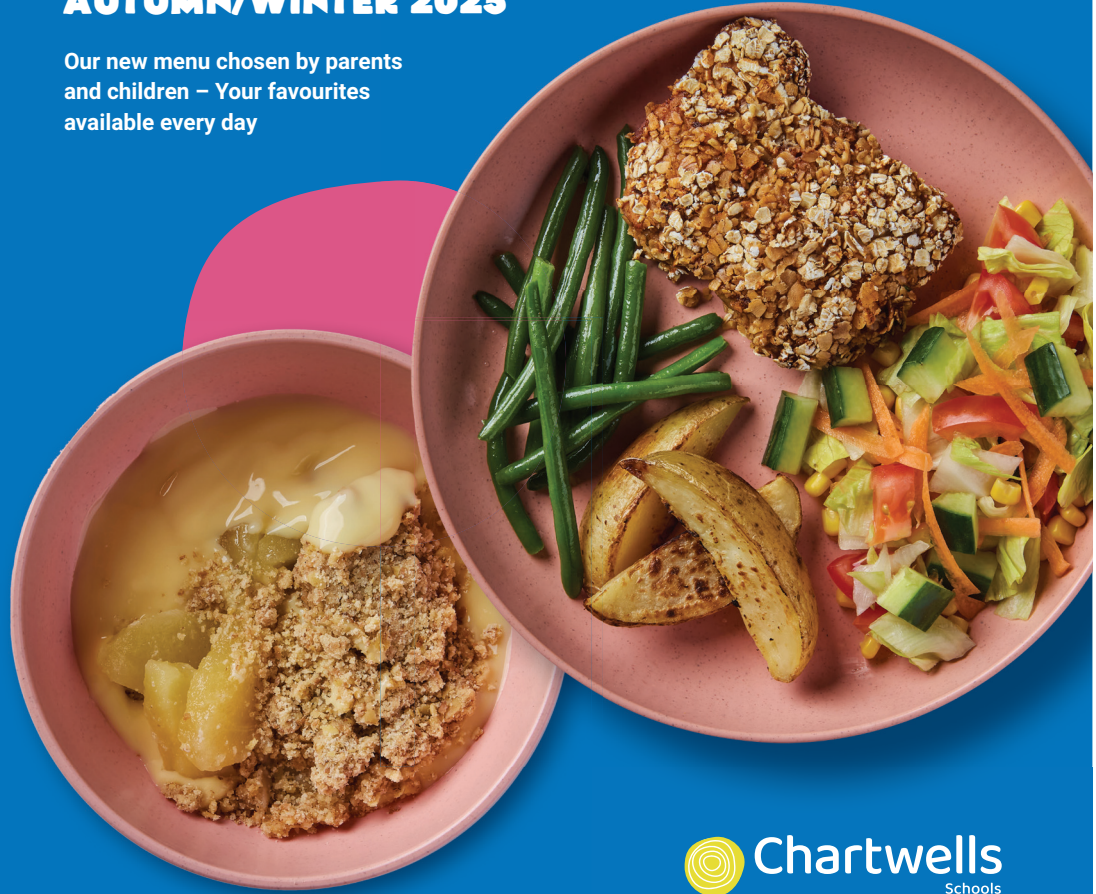
W/C: 17/11/2025, 08/12/2025, 19/01/2026, 09/02/2026, 02/03/2026, 23/03/2026



# THREE WEEK MENU

## AUTUMN/WINTER 2025

Our new menu chosen by parents and children – Your favourites available every day



		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Cheese and Tomato Pizza with Garlic Bread or Pasta Salad	Moroccan Chicken Stew with Wholegrain Rice	Beef Keema Curry with Wholegrain Rice	Chicken and Broccoli Pasta Bake with Garlic Bread	Fish Fingers with Chips
		OR	OR	OR	OR	OR
	OPTION 2	Veggie Meat Feast Pizza with Potato Wedges	Veggie Chilli Con Carne With Crispy Tortilla with Wholegrain Rice	N/A	N/A	Quorn Dippers with Chips
	OR	OR	OR	OR	OR	
OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	
HOT DISHES ARE SERVED WITH TWO VEGETABLES						
DESSERT		Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



### BAKED POTATOES SERVED DAILY

With a choice of toppings



### AVAILABLE DAILY

Fresh fruit, salad, yoghurt and water

Vegetarian Vegan Fruity! Oily Fish Wholegrain Fruity! Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

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# WEEK 1

W/C: 03/11/2025, 24/11/2025, 15/12/2025, 05/01/2026, 26/01/2026, 09/03/2026, 30/03/2026

# WEEK 2

W/C: 10/11/2025, 01/12/2025, 12/01/2026, 02/02/2026, 23/02/2026, 16/03/2026

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Cheese and Tomato Pizza with Garlic Bread or Pasta Salad	Beef Bolognese with Wholewheat Pasta	Jerk Chicken with Rice and Peas	Chinese Sticky Lemon Chicken with Wholegrain Rice	Fish Fingers with Chips
	OR					
	OPTION 2	Tomato and Lentil Pasta Bake	Vegetarian Bolognese with Wholewheat Pasta	N/A	N/A	Quorn Dippers with Chips
OR						
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HOT DISHES ARE SERVED WITH TWO VEGETABLES

DESSERT		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Veggie Burrito with Wholegrain Rice	Pork Sausages with Mashed Potatoes and Gravy	Jerk Chicken with Wholegrain Rice and Peas	Chicken and Vegetable Pie with Potato Wedges	Fish Fingers with Chips
	OR					
	OPTION 2	N/A	Vegetarian Sausage with Mashed Potatoes and Gravy	N/A	N/A	Quorn Dippers with Chips
OR						
OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	

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